

Week 2

Thursday 2 February

- ES1 commence full days

Friday 3 February

- School swimming carnival  
Granville Swimming Centre  
Years 3-6 (+ eligible Yr 2)
- Dance Fever—ES1 & Stg 1

Sunday 5 February

- 9am Missioning Mass—  
whole school event

Week 3

Monday 6 February

- Pow Wow
- PBS4L relaunch week
- Assembly

Tuesday 7 February

- Stage 3 visit

Wednesday 8 February

- Parent Info night  
Stage 1—5:45pm-6:30pm  
Stage 2—6:30pm-7:15pm

Friday 10 February

- Census Day
- Dance Fever—sport uniform

Week 4

Monday 13 February

- Pow Wow

Wednesday 15 February

- Parent Info night  
ES1 6pm-6:45pm  
Stage 3 6pm-6:45pm
- 7pm Parent Involvement  
Committee Meeting

Friday 17 February

- Dance Fever—sport uniform

School timetable

8:20am	Morning supervision
8:50am	Morning bell
10:40am—11:10am	Recess
12:50pm-1:30pm	Lunch
3:00pm	Dismissal
3pm—3:30pm	Afternoon supervision



# Monica's Matters

Web: [www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au)  
Email: [stmonicasparra@parra.catholic.edu.au](mailto:stmonicasparra@parra.catholic.edu.au)

Phone: 9630 3697  
Fax: 9683 4984

Dear Parents, Staff and Students,

## Beginning of School Year Prayer

Lord Jesus, we ask for your help as we begin this new school year. Allow us to experience Your presence in the many blessings You put before us. Open our eyes to the new challenges and the exciting opportunities that this new school year brings. Open our heart and mind to new friends and new teachers. Give us courage to accept new opportunities. Help us to be attentive to one another and let us experience Your presence in our new friends. Jesus, inspire us to do our best this year! Amen

Welcome everyone to our 125<sup>th</sup> year of providing quality, Catholic education at St Monica's.

- ◆ A year of promise and possibilities.
- ◆ A year of deepening our Catholic faith.
- ◆ A year of diverse, challenging and quality learning.
- ◆ A year of parents being actively involved in their children's learning and all aspects of school life.
- ◆ A year of us ALL being the best learners and best people that we can be.

The start of a new school year is so important as new relationships and routines are established as well as the promise of new beginnings. The teachers are mindful of the need to get to know each student as a unique learner as well as building a community of learners within their class.

Our expectations for each student at St Monica's are high.

In 2017, the teachers will continue to be committed to meeting the learning needs of every student in their class. We take very seriously our responsibility of mastering the first of the Professional Standards for teachers; '**Know your students and know how they learn.**' The students should expect teachers to continue to explicitly state the learning intention of every lesson. This is a very powerful way for teachers to focus the students on the learning. As members of the leadership team visit the learning spaces the students will be asked the following questions:

- What are you learning?
- How are you doing/going?
- How do you know?
- How can you improve?
- Where can you go to get help?

Welcome back to our highly qualified, professional and dedicated staff. They have been in and out of the school over the holidays setting up learning spaces and planning exciting learning opportunities and programs.

We extend a warm welcome to the new children in grades other than Kindergarten and their families. We are truly glad that you are all now part of our faith and learning community.

Welcome: **William Stewart, Gabrielle Nassif, Samuel Nassif and Reema Santos.**



## Welcome

A huge welcome to our Kindergarten children who will be starting school tomorrow. To the new families joining us we extend to you the warmest welcome and best wishes for a wonderful journey at St Monica's School.

**Sienna Acosta, Iryssa Alley, Lucas Alvarez, Olivia Cardomatis, Maka Collins, Braxton Cooper, Jared David, Matthew Dretvic, Zachary Dy, Ruby Elias, Charlie Gomez, Enzo Inigo, Allegra Jammo, Dominick Macorig, Cadence Metierre, Markus Nabua, Pare Nader, Christopher Sadek, Martin Salib, Yuna Shin, Lydia Sun, Olivia Szymanski, Isabella Younes, Cody Wylie and Bianca Zhu.**

We also extend a warm welcome to the new staff joining our community this year:

Mrs Tracie Hope	Learning Support/Reading Recovery
Mrs Angela Wedesweiler	Stage 2 teacher
Miss Emily Farrelly	Year 2 teacher
Miss Catherine Shaw	Kindergarten
Mrs Rita Davino	Teacher's Assistant

## School Improvement and Resourcing

During the holidays a series of school improvements were carried out. Thank you to our cleaners Tina and John. Our carpets were all steam cleaned, windowsills and windows were attended to and the school was pest sprayed. Mr Dennis has also been busy paving the garden area at the entrance near the hall. I'm sure that you will all agree that he has done a magnificent job.

Thank you to Mel Puyat for cleaning our playground and the outdoor tables and seating. It was wonderful to come back to school and see everything sparkling clean.



## Mathematical Assessment Interviews -MAI

Thank you to all parents who brought their children in last Friday and on Monday to complete their one on-one mathematics assessment. This is a time consuming process and very difficult to complete during school hours. The information gathered is invaluable in getting to know your child's level of competency in counting, place value, addition & subtraction and multiplication and division by using an interview process rather than a standardised test under test conditions.

Thank you to the staff that have given up two of their Staff Development Days to complete these interviews. For those students who missed out, teachers will need to complete the assessment within the next two weeks.

## Missioning Mass - Sunday 5 February

Our opening school Missioning Mass will be held this **Sunday 5 February at 9:00am** in St Monica's Parish Church. We officially open the school year during the Sunday Parish Mass, as this is a powerful sign of the link between school and parish.

We will join together with our parish community for the celebration of the Eucharist as believing, worshipping and celebrating people. At the celebration we especially welcome members of other faith traditions. The school and parish work together to build a community of learners through the Mercy tradition of love, justice and compassion. St Monica's Mission Statement clearly indicates the value we place on being inviting and inclusive:

*"The community of St Monica's believes that everyone in our community is valued for the person they are, and the gifts they bring to our mission."*

During the celebration of the Eucharist we are commissioned to undertake our different roles as pastor, parent, student, student leader and staff member in our shared mission to Catholic Education at St Monica's. Each year the staff appreciates the commitment you make as a family in attending this celebration. Often it means maintaining a balance between the significant events and the regular demands in our lives. Your presence on Sunday is an indication that you value the partnership between home and school that is vital in developing the faith and spiritual dimensions of our children.

The students are requested to **wear their school uniform** to the mass and sit with their class.

**Early Stage One students are requested to meet Miss Shaw outside the church at 8:45am.**

Yours sincerely,

**Louise O'Donnell**, Principal

### Parent Information Nights

Research suggests that one of the most important successful components linked to student achievement is a positive relationship between home and school. The teachers have planned information sessions to discuss the term overview, class organisation, the teaching practice and weekly routines and for parents to ask questions. Please note that this meeting is not a parent interview session. We would encourage parents not to bring along their children. If you have no other option your child/ren are to sit with you, as this will ensure that your child is safe and teachers will be able to be heard.

Wednesday 8 February ( Week 3 )	Stage 1	5:45pm-6:30pm
Wednesday 8 February ( Week 3 )	Stage 2	6:30pm-7:15pm
Wednesday 15 February ( Week 4 )	Early Stage One	6:00pm—6:45pm
Wednesday 15 February ( Week 4 )	Stage Three	6:00pm—6:45pm

### Parent Information Updates

It is critical that the school has up-to-date contact details for all students at all times. Please ensure that any phone, address or contact details that have been changed are communicated to the office as a matter of urgency. **Change of address must be advised in writing.** It is most distressing for children and staff if we are unable to contact parents in the case of a child being ill or injured.

### Medication

If your child requires medication at school, new medication forms will need to be completed and handed to Mrs Abood in the office. ***No medication is to be kept in your child's school bag.*** 'Administration of Medication forms during school hours' can be located on the school website under School Notes.

### Mobile Phones

Each year parents who request permission for their child to bring a mobile phone to school are asked to do so **in writing to the Principal**. Students who brought phones to school last year are therefore required to provide a letter this year explaining the need for the phone at school. **Permission is only granted to those students who travel home on a bus or who walk home.** On arrival at school the switched off phone is to be handed in at the School Office where the student is to sign in the phone. In the afternoon the phone will be sent to the classroom via the office bags. Students are to switch the phone on and place the phone in their school bag before leaving school.

### School Leaders

I am very excited to acknowledge all of our Year 6 school leaders for 2017. All of our Year 6 will have an area of responsibility and will be called upon for additional roles throughout the year.

We will formally acknowledge the leaders at our Welcoming Mass on Sunday 5 February at 9:00am.

Our Student Representative Council (SRC) leaders Ainsley Mitchell and Christian Dib will be the voice of the students and will meet every week with Mrs Mason to make visible changes to improve our school.

Every class will nominate a representative next week for the SRC and they will participate in the weekly meeting.

Mrs Mason will notify the parents of the elected SRC students for Semester 1 and when they will be presented with their badges at a morning assembly.

### School Uniform

Thank you to all our families for supporting the school uniform policy and by ensuring that your child is wearing the correct uniform. This includes wearing joggers that are **predominately white**.

It is essential that students wear their hats during recess, lunch and sport. Please ensure your child's hat is labelled and that they assume responsibility for looking after their hat at all times.

### Anaphylaxis / Allergies

A number of students at school suffer from anaphylaxis and allergies.

It is a requirement **each year** that **a new updated action plan is provided to the school**

for all children with anaphylaxis and allergies so that staff are kept informed of any changes in relation to the administration of medication etc for your children. The action plan needs to be obtained from your doctor.

Parents are requested to please provide an updated action plan / Epipen (if required) as soon as possible to the school office, so that our records may be updated. Thank you for your assistance with this important matter.

**IMPORTANT NOTICE**

### **Asthma Form**

Each year students with asthma are required to provide the school office with an updated **Student Asthma Form**. The asthma form is included with this newsletter and can also be found on our school website. (**News and Events, School Notes** then **Whole School Notes**).

Please complete a **separate asthma form for each child with asthma**. For more serious cases, this form will need to be completed in conjunction with your doctor. Students with asthma are required to provide the school with an asthma puffer—puffers are kept in the school office and are administered as required.

Please note that **any medication** brought to the school office **must have a chemist's label with the students name and dosage details attached.**

### **Acceptable Use of Information Technologies—Student Policy**

Each year, every student is required to sign the **Student Policy for the Acceptable Use of Information Technologies**. This year the policy will be sent home to each child. (If you lose your copy please go the school website and download the policy)

The last sheet of the policy is to be **signed by both student and parents** and then returned to your child's homeroom teacher. Upon receipt of the signed sheet at school your child will be granted access to the school's technology. **<http://www.stmonicasparra.catholic.edu.au/school-notes>**

### **Student Banking**

Students are able to participate in Student Banking. Commonwealth Bank Dollarmite Youthsaver accounts can be opened through Commonwealth Banks. You do not have to bank with the Commonwealth Bank for your child to open an account. Children bring their bank deposit books to school on **Tuesday mornings**. Please ensure that the bank deposit book is filled in correctly. **Student banking will commence on Tuesday 7 February (Week 3).**

### **Mass for the World Day of the Sick—9 February**

Bishop Vincent Long OFM Conv will be the principal celebrant at the above Mass.

This is an annual diocesan Mass for World Day of the Sick with the Sacramental Rite of Anointing of the Sick and Prayers for Healing.

Mass will be celebrated at 10.30am at St Patrick's Church Blacktown. All most welcome to attend.

### **ARE YOU RECEIVING THE NEWSLETTER?**

St Monica's Primary School sends out a newsletter every fortnight (Wednesday) via email. Parents are requested to subscribe to **E-News** on the School Website (**[www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au)**) and enter their details. This is a *free* service.

Once you have entered your details, each fortnight you will be sent a notification advising that the newsletter is now available for viewing. **The email will appear as [stmonicasnparra@parra.catholic.edu.au](mailto:stmonicasnparra@parra.catholic.edu.au)** and the subject will be **Newsletter: St Monica's Primary, North Parramatta**

#### **Instructions for subscribing to E-News**

- Go to the School Website: [www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au)
- Click on News and Events
- Click on Newsletters
- Scroll down until you see *Subscribe to our Newsletter*
- Enter your details
- Click on *Subscribe to E-News*.

You may also view the **School Calendar and Events** under the **News and Events** heading.

***Newsletters are due to be published on the following  
Wednesdays in Term 1 2017***

**1 February (Week 2)  
15 February (Week 4)  
1 March (Week 6)  
15 March (Week 8)  
29 March (Week 10)**

For those families who do not have internet access, kindly advise the School Office where a **hard copy** will be printed for you.

The newsletter will also be sent via Skoolbags.



### *Alexis Chang—Ambassador*

**My Hobbies-** One of my favourite hobbies would have to be dancing. I enjoy being able to dance 3-4 times a week. Participating in extra-curricular activities is encouraged by the school. I was able to dance during the School Talent Quest and the other activities at St Monica's.

**My Favourite Subject-** My favourite subject at school is mathematics. I enjoy mathematics because it allows me to solve problems and challenge myself. I like the way my teachers teach mathematics using different methods and strategies.

**What I like about St Monica's-** I enjoy learning at St Monica's because of the great and welcoming community. I like working co-operatively so I think that PBL (Project based learning), is a great opportunity for us to work with peers that we don't usually work with. The ways we learn are creative and engaging.

**My Goals For 2017-** During 2017, I would like to achieve a few goals. One goal is to be a great role model towards the younger children and be the best ambassador I can be. I would like to experience and perfect my leadership role. I will try my hardest to attain my goals.



### *Mateo Soriano—Ambassador*

**My Hobbies:** Electronics (iPad games and PS4 and Xbox games - favourite game Rockband!) reading (favourite book series at the moment is Heroes of Olympus), swimming, soccer, basketball

**My favourite subject:** English/Literacy

**What I love about St Monica's:** I love the message the school brings - be respectful, be safe and be a learner! Also, the kindness they teach us to show to others.

**My goal for 2017:** I aim to be the Ambassador that stays positive and the helpful one that keeps everyone's spirit up above the clouds :)



### *Christian Dīb—SRC*

**My Hobbies** I love to go to the skate park, play basketball and do Taekwondo.

**My Favourite Subjects** are Technology and Sport.

**What I love about St Monica's:** Everyone is nice and caring.

**My Goal for 2017:** My goal is to encourage consideration and fairness amongst us all whether it's work or play. As your chosen SRC Leader you are always welcome to approach me with any suggestions or input regarding our school. Here's to a Happy 2017!!!



### *Ainsley Mitchell—SRC*

**My Hobbies:** I enjoy playing soccer, dancing and cooking.

**My Favourite subject** is history because it is nice to know your own culture and where you come from.

**What I love about St Monica's:** Everyone is welcoming and friendly. The teachers push you to help you and make you a better and smarter person.

**My goal for 2017:** is to make sure I live to the saying 'no mountain too high' and with saying that—being a great role model.



### Afternoon pick up

As we have so many new staff members please assist us in the afternoon car line by displaying your family name card on the driver's side so that staff can efficiently put your child into your car. Please advise the office if you have not been issued with a family name card.

### School Attendance

It is a Board of Studies requirement that all absences must be explained by parents/carers. Class rolls are legal documents and are maintained by class teachers and regularly checked by auditors. Unexplained absences will be followed up.

One of the important influences of successful learning is consistent school attendance. As always we will continue to monitor all absences very closely to ensure that all children are at school for the maximum time.

This year we will be displaying the daily number of student absences outside the teacher's workroom. There will also be a weekly tally on display.

### Late Arrivals/Early Departure

If your child is late for school, parents are required to bring their child into the office and sign them into the school indicating the time and the reason for the lateness. Your child will then be issued with a red slip which they are to give to their teacher. This advises the teacher that the roll has been amended in the office as they would have been marked absent on the class roll. ***It is essential that this procedure is followed so children are not incorrectly marked as absent.***

If for any reason you need to collect your child prior to the dismissal bell at 3:00pm parents are required to sign their children out on the sheet in the office detailing the time and the reason for the early departure.

### Sport Days—Term 1

Sport day for all stages during Term 1 is **FRIDAY**.

### Dance Fever Timetable

Dance Fever Athletics—Fridays	
Early Stage	11:50am—12:20-pm
Stage One	12:20pm—12:50pm
Stage Two	1:30pm—2:15pm
Stage Three	2:15pm-3:00pm

### Staff Development Days

Each year all primary and secondary schools receive six Staff Development Days for the purpose of professional learning for all staff. Students do not attend school on these days.

St Monica's six Staff Development Days in 2017 are:

Term 1            **Friday 27 January and Monday 30 January** (Week 1 & 2)  
 Term 3            **Monday 21 August** (Week 6)  
 Term 4            **Friday 17 November** (Week 6) **Monday 18 December** and **Tuesday 19 December** (Week 11)

### National Assessment Program Literacy and Numeracy (NAPLAN)

The dates for NAPLAN testing are **Tuesday 9 May, Wednesday 10 May and Thursday 11 May** (Term 2 Week 3). It is important that all students in Year 3 and Year 5 attend school during the 3 days of NAPLAN testing.

### Food Allergy Awareness

Severe allergies are a community health issue. The most severe allergic reaction is called '**Anaphylaxis**' and can be life-threatening. Anaphylaxis is a severe and sudden allergic reaction. It can occur when a susceptible person is exposed to an allergen (such as a food or an insect sting).

We have a number of students who suffer from severe food allergies and therefore we ask for everyone's cooperation in minimising the risk to our children. Whilst these children are being taught to care for themselves at an age appropriate level, we ask that you help us educate your child on the importance of not sharing food with others, washing hands after eating and approaching an adult if they think their friend with allergies is sick.

**The school has a policy of not sharing food.**

### Census—Friday 10 February 2017

We wish to advise parents that if your child is absent from school on **Friday 10 February**, it is **ESSENTIAL** that you preferably **email the school** (stmonicasnparra@parra.catholic.edu.au) or phone the school office on 9630 3697 so that we may comply with the conditions of Census. If you know in advance that your child is going to be absent on this day, could you please send in a note prior to the day.



## Child Protection (online training module and volunteer declaration form)

All Parent Volunteers / Helpers are required to complete the following Child Protection requirements **prior** to assisting in the classroom or on excursions ('Building Child Safe Communities—Undertaking for Volunteers')

- **Volunteer Form**
- **Online Training Module (every two years)**

These can be accessed by visiting the Catholic Education Diocese of Parramatta homepage <http://www.parra.catholic.edu.au> then scrolling down to '**Volunteers and Contractors – click here**'

(Links are also available on the homepage of our school website [www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au))

Please contact the school if you require any assistance.

***We thank all volunteers for their continued support.***

## Ice Blocks

Water ice blocks will be on sale each day at lunchtime for 50c.

Every Friday we will have ice creams available for \$1:00 in addition to the ice blocks.



## Sympathy

St Monica's school community extends its deepest sympathy to the following families:

- **Basha family** (Jordan, Stage 2) on the passing of Jordan's grandfather (Mr Basha's father) who passed away during Christmas week.
- **Roberts family** (Ashley, Stage 2) on the passing of Ashley's aunty (Mr Roberts' sister).
- **Wilson family** (Jayden, Stage 2) on the passing of Jayden's grandmother (Mrs Barber's mother) who passed away during the holidays.
- **Keranis family** (George, Stage 3 and Yiannis, Stage 2) on the passing of their grandmother.

## Congratulations to

The **Haddad family** (Maurice, Stage 3 and Maureen, Stage 2) on the birth of their new daughter and sister **Bronte**.



## Car Boot Sale

We will be holding a Car Boot Sale at St Monica's on **Saturday 11 March 2017** from **8.30am to 2.30pm**. If you are interested in securing a spot to sell your items, please email the school for pricing and allocation on [stmonicasnparra@parra.catholic.edu.au](mailto:stmonicasnparra@parra.catholic.edu.au) Prices range between \$50-\$70.

## Notice of Intention to Remove a Student from St Monica's School

The Catholic Education, Diocese of Parramatta Office has developed a Policy relating to the notice required from parents to terminate their children's enrolment in the schools of the Parramatta Diocese. In part this states "A **term's notice (10 weeks) in writing must be given to the principal before the removal of a student or a full term's fees will be paid. The notice can be given any time during the term for the next term.**" This means that unless the school receives a term's notice no pro rata adjustment will be given for part term tuition.



Congratulations to Lachlan Roberts who received the City of Parramatta Council, Young Citizen of the Year—Highly Commended Award on Australia Day.

*Happy birthday Father Fernando !*



# St Monica's Swimming Carnival Program (**PRIMARY** students only)

## Friday 3 February 2017

The day will commence at approximately 10:00am

Event 1	Open 100m girls Open 100m boys
Event 2	25m Kickboard races girls and boys
Event 3	8 years 50m Freestyle 9 years 50m Freestyle 10 years 50m Freestyle 11 years 50m Freestyle 12 years 50m Freestyle
Event 4	7 years 25m Freestyle 8 years 25m Freestyle 9 years 25m Freestyle 10 years 25m Freestyle 11 years 25m Freestyle 12 years 25m Freestyle
Event 5	Junior 50m Backstroke Boys Junior 50m Backstroke Girls 11 years Backstroke Mixed 12 years Backstroke Mixed
Event 6	Junior 25m Backstroke 11 years 25m Backstroke Boys 11 years 25m Backstroke Girls 12 years 25m Backstroke Boys 12 years 25m Backstroke Girls
Event 7	8/9/10 years 50m Breaststroke Mixed 11 years 50m Breaststroke Mixed 12 years 50m Breaststroke Mixed
Event 8	Junior 25m Breaststroke 11/12 years Breaststroke Mixed
Event 9	Open 50m Butterfly Mixed
Event 10	Open 25m Butterfly Mixed
Event 11	Junior Relay
Event 12	Senior Relay
Event 13	Parent/Student relay



## School Opal Card

<https://www.opal.com.au/en/about-opal/opal-for-school-students>



To apply for a School Opal card, you will need to live a minimum distance from your school to be eligible:

**Years K-2 (Infants)** No minimum distance.

**Years 3-6 (Primary)** 1.6km straight line distance or 2.3km walking or further.

**Years 7-12 (Secondary)** 2km straight line distance or 2.9km walking or further.

## Who needs to apply?

*You will only need to make a new application if:*

- Applying for a School Opal card for the first time
- Enrolling in Kindergarten
- Requesting an additional pass as a result of a new shared parental responsibility (joint custody) situation.

If you do need to apply, the application must be made by a parent or legal guardian if you are under 16 years of age. If you are 16 years or older you need to complete and sign the application form yourself. Applications are subject to [eligibility criteria](#).

**You will need to update your application if you have a current School Opal card and:**

- **Are progressing from Year 2 to year 3**
- **Are progressing from Year 6 to Year 7**
- **Your circumstances change**, e.g. change of school, home address or school year outside of the usual progression.

Transport operators will allow a grace period at the start of the new school year to give time for you to receive your School Opal card.

A reminder that the Uniform Shop is no longer located on the school grounds.

Parents are required to purchase all school clothing items through Oz Fashion.

**Oz Fashion is located at:** 115-127 Parramatta Road, Granville Phone: 9897 3121

### Opening Hours:

Monday-Friday 9:00am - 5:30pm

Saturday 9:00am - 4:00pm

Parking is available on site.

GIRLS	BOYS
<b>Summer</b> Short-sleeved St Monica's shirt Culottes Navy Socks Black school shoes	<b>Summer</b> Short-sleeved St Monica's shirt Navy blue shorts Navy Socks Black school shoes
<b>Winter</b> Short-sleeved shirt Long sleeved shirt (optional) Culottes / Long navy pants Navy Sloppy Joe (optional) School Jacket Navy winter stockings Black school shoes	<b>Winter</b> Short-Sleeved Shirt Long Sleeved shirt (optional) Long Navy pants Navy Sloppy Joe (optional) School Jacket Navy Socks Black school shoes
<b>Sport</b> Short-Sleeved Shirt Sports Shorts Tracksuit Pants/School Jacket White Socks Joggers ( <b>predominantly white</b> )	<b>Sport</b> Short-Sleeved Shirt Sports Shorts Tracksuit pants/School Jacket White Socks Joggers ( <b>predominantly white</b> )
The <b>School Jacket</b> with crest may be worn at any time throughout the year The <b>School Hat</b> with crest is a compulsory school item to be worn every day	



## How To Install Skoolbag On Your Smartphone

### For iPhone and iPad users:

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. You will see your school appear, click "Get" then "install".
4. The app is FREE to download.
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



### For Android users:

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



Please Note: Some brands of Android phones need the setting in "Notification Manager" changed to "Allow" instead of "Notify" in order for the push notifications to work. The phone must also be running at least version 4 system software to run the app.

### For Windows 8.1 Phone and Windows 8.1 or 10 device users:

1. Go to the Windows Store on your 8.1 Windows Phone or Windows 8.1/10 Device
2. Search for "Skoolbag" in the keyword app search
3. Install the Skoolbag app
4. Find your school either by using the keyword search or location service.
5. Click the "Pin" icon to pin the school tile to your Windows Phone home screen.
6. Click the "More" button on the bottom right of the App, then "Setup"
7. Toggle the Push Categories that are applicable to you by tapping the on/off switch.

Please Note: The Skoolbag Windows App is for 8.1 version Windows Phones, or Windows 8.1 and 10 devices.



## ARIA MUSIC

Quality investment in your child's future

Would your child like to learn Guitar or Keyboard?

Please email: [ariamusicschool@gmail.com](mailto:ariamusicschool@gmail.com) Phone: **0402 780 130**

Qualified, friendly teachers encourage serious musical skills in a fun learning environment.  
Group classes at school **\$23:10** (incl GST) per lesson. Individual tuition is also available.

### Keyboard Classes!

Days: **Tuesday** lunchtime  
Time: 12:30pm-1:30pm  
Location: The Community Room

### Guitar Classes!

Day: **Wednesday** lunchtime  
Time: 12:30pm—1:30pm  
Location: The Community Room

### Music Lessons have the Power!

Develops musical talent  
Develops self discipline  
Encourages self esteem  
Enhances co-ordination & concentration  
Is lots of fun!!

[www.ariamusic.com.au](http://www.ariamusic.com.au)

## Executive Director's Summer Reading Challenge

How to enter: It's simple! Students just need to read something they enjoy and tell us in 50 words or less why they loved it. Students can read anything they like to enter the challenge, whether it's a comic, play, piece of poetry, book, e-book or graphic novel.

This year we have made the challenge easier to enter by removing the minimum number of books to read and provided students with more chances of winning a prize.

The more material a student reads, the more times they can enter the reading challenge and the more chances they have of winning one of four iPad minis.

Entries open on 7 November 2016 and close at 5pm on 7 February 2017. Terms and Conditions can be found at [www.parra.catholic.edu.au](http://www.parra.catholic.edu.au)



## Child Protection Requirements

All Parent Volunteers / Helpers are required to complete the following Child Protection requirements **prior** to assisting in the classroom or on excursions ('Building Child Safe Communities—Undertaking for Volunteers')

- **Volunteer Form**
- **Online Training Module (every two years)**

These can be accessed by visiting the Catholic Education Diocese of Parramatta homepage <http://www.parra.catholic.edu.au> then scrolling down to '**Volunteers and Contractors – click here**' (Links are also available on the homepage of our school website [www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au))

Please contact the school if you require any assistance.

**We thank all volunteers for their continued support.**



# St Monica's Primary School

## North Parramatta

1 February 2017

### **ASTHMA AWARENESS**

Dear Parents,

Asthma is the most common medical condition diagnosed in Australia's school children, with up to one in four children being affected. Asthma is also the most common reason for children being admitted into hospital.

Given the high occurrence of asthma and asthma attacks in schools, the State and Territory Asthma Foundations and Asthma Australia has developed a national program targeting school students, their teachers and parents/carers. The program is called AFS (Asthma Friendly Schools). St Monica's is an asthma friendly school and aims to maintain an asthma friendly school environment.

Please find attached a Student Asthma Record Sheet for **each child in your family with asthma**. These sheets must be completed by you and returned to the school office by **Friday 3 February 2017**. **Please do not place multiple students on the same form.**

**For more serious cases this must be done in conjunction with your doctor.**

**\*\*\* If you require more than one Student Asthma Record Sheet, please contact the office and one will be forwarded to you or you may download a copy from the website.**

**Go to the School Website ([www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au)) then click on News and Events, School Notes, then Whole School.**

You will appreciate that it is extremely important that the school be aware of the symptoms, triggers and management of your child's asthma, however slight, so that we can provide the best treatment possible in case of an attack.

We appreciate your co-operation and help in this matter.

Yours sincerely,

**Louise O'Donnell**  
Principal



# STUDENT ASTHMA RECORD - 2017

This record is to be completed by parents/carers in consultation with their child's doctor (general practitioner). Parents/carers should inform the school immediately if there are any changes to the management plan. Please tick (✓) the appropriate box and print your answers clearly in the blank spaces where indicated.

## Personal Details

Student's name: \_\_\_\_\_ Gender: M ☐ F ☐

(SURNAME) (FIRST NAME)  
Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Form/Class: \_\_\_\_\_ Teacher: \_\_\_\_\_

Emergency contact (e.g. parent, carer): \_\_\_\_\_

a. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Telephone No: \_\_\_\_\_ (Hm) \_\_\_\_\_ (Wk)

b. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Telephone No: \_\_\_\_\_ (Hm) \_\_\_\_\_ (Wk)

Doctor: \_\_\_\_\_ Telephone No: \_\_\_\_\_

## Usual Asthma Management Plan

Child's symptoms (e.g. cough): \_\_\_\_\_

Triggers (e.g. exercise, pollens): \_\_\_\_\_

Medication requirements:

Name of medication	Method (e.g. puffer & spacer, turbuhaler)	When, and how much?

In an **Emergency** follow the Plan below that has been ticked (✓)

## ☐ Standard Asthma First Aid Plan

Please tick (✓) the preferred box

Step 1	Sit the student upright, remain calm and provide reassurance. Do not leave student alone.
Step 2	Give 4 puffs of a blue reliever puffer (Airomir, Asmol, Bricanyl or Ventolin), one puff at a time, preferably through a spacer device*. Ask the student to take 4 breaths from the spacer after each puff.
Step 3	Wait 4 minutes.
Step 4	If there is little or no improvement, repeat steps 2 and 3.
	If there is still little or no improvement, call an ambulance immediately (Dial 000).
	Continue to repeat steps 2 and 3 while waiting for the ambulance.
* Use a blue reliever puffer (Airomir, Asmol, Bricanyl or Ventolin) on its own if no spacer is available.	

OR

## ☐ My Child's Asthma First Aid Plan (attached)

Additional comments:

I authorise school staff to follow the preferred Asthma First Aid Plan and assist my child with taking asthma medication should they require help. I will notify you in writing if there are any changes to these instructions. Please contact me if my child requires emergency treatment or if my child regularly has asthma symptoms at school

Signature of Parent/Carer: \_\_\_\_\_ Date: \_\_\_\_\_

I verify that I have read the preferred Asthma First Aid Plan and agree with its implementation.

Signature of Doctor: \_\_\_\_\_ Date: \_\_\_\_\_

# TUCKSHOP2U

HEALTHY - AFFORDABLE - CONVENIENT



## TUCKSHOP2U NOW AVAILABLE!

Tuckshop2U is an easy-to-use school lunch ordering service that delivers healthy, affordable and convenient lunches directly to schools.

Our mission is to prepare and deliver fresh and nutritious lunches that your child will look forward to eating!

### WELCOME BACK OFFER!

During Week 2, Tuckshop2u would like to offer a 15% off all orders placed.

Please use the following discount code at checkout

**B2S2017**

Discount code available for use from 05/02/2017 till 10/02/2017.

Now serving  
**Hot Food**  
on Tuesday and  
Thursday ONLY.

Returning Customers: Thank you for your business in 2016.  
Please don't forget to update your child's classes for this year!

### Different Appetites. Different Packs.

With over 80 menu items to choose from, we're certain we can provide nutritious lunches that your child will look forward to eating!



1300 TUCKER (1300 882 537)

We will still be doing 2 or 3 theme lunches per term and Tuckshop2u will not be available on those days.