

### SCHOOL TIMETABLE

8:20am
Morning supervision
8:30am-8:45am
Bag Unpacking
8:50am
Morning bell
10:40am—11:10am
Recess
12:50pm-1:30pm
Lunch
3:00pm
Dismissal
3:00pm—3:30pm
Afternoon supervision

### STAFF DEVELOPMENT DAYS

Term 2  
Friday 5 July

Term 4  
Friday 22 November  
Thursday 19 December  
Friday 20 December

**PBS4L**  
Certificates presented  
at morning assembly

Friday 17 May 2019  
8:50am



# Monica's Matters

Web: [www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au)  
Email: [stmonicasnparra@parra.catholic.edu.au](mailto:stmonicasnparra@parra.catholic.edu.au)

Phone: 8832 4100  
Fax: 8832 4199

Dear Parents, Staff and Students,

It is a great pleasure for me to be addressing the St Monica's school community in the newsletter this week. I would like to thank everyone for the warm welcome that I have received since commencing the Acting Principal role while Miss O'Donnell is on Long Service Leave. I am sure that you already know that your school community is delightful but it is also lovely to hear this from others who come into and out of the school. Last week's many activities - Mother's Day Stall, Mother's Day Mass and morning tea and the Athletics Carnival on Friday are testament to this. Congratulations on being such a welcoming and inclusive community.

As I have been moving amongst the learning spaces engaging with the children and teachers at St Monica's, I have noticed the wonderful sense of creativity, inquisitiveness and imagination that the children and teachers are able to share with each other. I have seen this in the children's writing, artworks, dramatic presentations and of course I have really enjoyed this expression throughout the conversations that I have been having with the children.

The literature clearly shows that a healthy and active imagination promotes emotional growth and creative development. Imagination is the mind's ability to project itself beyond the ordinary that occurs as part of daily life. Through their imagination, children find expression for their inner most being. They discover their true feelings and thoughts that awaken their sense of who they are.

As parents and teachers we can help to nurture this inner discovery, by providing children with some quiet time each day for reflection, for processing the events of the day and, if necessary, for resolving conflicts that might have occurred. Children need the time to be free from other people's ideas and images and have the freedom to discover their own.

Children need time to read, write, think, dream, draw, fantasise and explore special interests. They need time to "hang-out" with friends, ride their bikes, have water balloon fights and build cubby houses out of cardboard boxes and other bits and pieces. Such activities promote self-awareness by helping children clarify who they are and what they are truly interested in. We have to remember that children who are involved in too many programmed activities may sometimes have too little time for these experiments of self discovery.

Parents you are doing a great job nurturing your children by letting them be creative, inquisitive and imaginative!

"Lord, we ask You to strengthen us in  
our role as parents.  
Help us to be positive and encouraging  
Of our children's needs  
Guide us to see things as they truly  
are. May our attitude and outlook be  
inspired by You to be faith-filled,  
hope-filled and courageous.  
Amen."

Yours sincerely,

**Leanne Nettleton**  
Acting Principal

## SYMPATHY

St Monica's School Community extends deepest sympathy to Miss Rebecca Boidin (Acting Assistant Principal) on the recent passing of her mother. Please keep Miss Boidin and her family in your thoughts and prayers at this sad time.



Sympathy is also extended to Mrs Janelle Griffin (former COSHC Supervisor) on the recent passing of her son Jack. Please keep the Griffin family in your thoughts and prayers.

## NAPLAN (Year 3 and Year 5)

NAPLAN testing is being held this week for Students in Year 3 and Year 5. Breakfast will again be available tomorrow for all **Year 3 and Year 5 students only**. **8:15am—8:40am** in the Hall

Thank you to the parent helpers who have assisted this week with the NAPLAN breakfast. If you are available to assist tomorrow, please meet Mrs Bernadette Haddad in the Hall at 8:00am.

## POW WOW

A reminder that Pow Wow is now held on **Thursday mornings between 9:00am –10:30am** in the Community Room (COSHC). Pow Wow is held during School Terms only.

## Unexplained Absence Letters

Letters were sent home at the end of Term 1 regarding outstanding unexplained absences for students. There are still a number of outstanding absences as letters have not been returned.

**Kindly complete the details on the letter and return it to school immediately so that we can update your child's school record.**

**Please be advised that unexplained absences are indicated in your child's Semester Report.**

## Semester One Reports and Parent/Teacher Interviews

Semester One reports will be sent home on **Thursday 27 June** (Week 9) and interviews will be held in the week commencing Monday 1 July (Week 10). Parents will again be able to book their interview times online. Booking details will be published closer to the date.

## Tennis Lessons

A reminder that Tennis lessons have resumed for Term 2. Lessons are held on Tuesday and Thursday mornings. Lessons cost \$40 per student per term.

- **Tuesdays Mornings**      **8:30am**
- **Thursday Mornings**      **8:00am**

**Mr Davidson has requested that students arrive on time for their lessons. Thank You.**

## PBS4L Certificates—Friday 17 May

Students will be presented with their PBS4L Certificates at the morning assembly this Friday 17 May commencing at 8:50am.



## Welcomeasy

Our new school lunch provider **Welcomeasy** will commence delivering online ordered recess and lunches for students on **Monday 20 May 2019**. Details on how to order, as well as the menu, can be found in the newsletter.

**Welcomeasy Pty Ltd**

ABN: 14 619 662 832

Healthy communities  
through meals

**Web:** [www.welcomeasy.com.au](http://www.welcomeasy.com.au)  
**E-mail:** [ask@welcomeasy.com.au](mailto:ask@welcomeasy.com.au)  
**Facebook:** @Welcomeasy

## 2020 Kindergarten Enrolments

Enrolment applications have now commenced. Enrolment application forms may be downloaded from our school website or you may collect a package from the school office. Please provide **original supporting documentation** (together with photocopies) when lodging your enrolment application.

**ENROL NOW!**

**\*\* Current families who have a child starting school in 2020 are reminded to submit their enrolment application immediately to the school office.**



### Term 2 School Fees

The Catholic Education Diocese of Parramatta has sent out the Term 2 school fees.

**Fees are due and payable on Wednesday 5 June (Week 6).** Unless you have a previous arrangement with the school, please ensure payment of fees by this date.

**Families who are yet to finalise their Term 1 fees are requested to do so immediately.**

**Families who are experiencing financial difficulty are requested to contact the school office immediately so that a confidential appointment can be arranged with the Principal or Mrs Lata Rebello.**  
Phone: 8832 4100

### Winter School Uniform

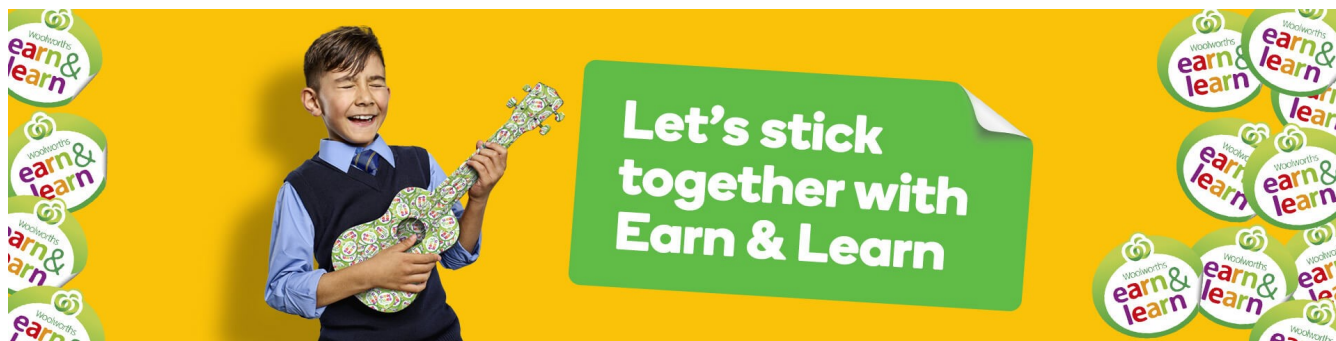
**All students are now to be wearing the Winter School Uniform.**

Please refer to the Parent Handbook or the school website for the school winter uniform requirements.

All uniform items are available for purchase through Oz Fashions.

<http://www.ozfashions.com.au>





## WOOLWORTHS EARN AND LEARN

Wednesday 1 May—Tuesday 25 June 2019

This year St Monica's Primary School is participating in Woolworths Earn & Learn.

It is simple to participate. From Wednesday 1 May until Tuesday 25 June 2019 or while stocks last, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator, via team members at the self service counter or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet.

**There will be one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards).**

**Once completed, simply place the Sticker Sheet in the Collection Box. Sticker sheets are available from the school office & near the Collection Box.**

The school will be able to redeem the Woolworths Earn & Learn Stickers for valuable education equipment.

**The Collection Box is located outside the Teachers Workroom.**

## Merit Awards

***Congratulations to the following students who have received Merit Awards.***



- ES1:** Noah Abi-Daher, Kyra Adlakha, Dariuz Alley, Gabrielle David, Evangeline Hbeiche, Annria Jeenson, Manton Lu, Jonathan Payne, Margarita San Juan, Sarah Triantis
- Year 1:** Mariah Boutros, Alessia La Macchia, Jaein Moon, Czermiella Sarah Talampas, Philopateer Toma, Ivy Tran
- Year 2:** Iryssa Alley, Braxton Cooper,
- Stage 2:** Anna Maria Anish, Annabelle Boasiako, Sara Younes, Olivia Hekeik, Olivia Nguyen
- Stage 3:** Zachariah Kassis, Charbel Sadek, Sophie Stoker, Matilda Cooper, Ruby Knight, Sakina Kunambi



# Athletics Carnival

On Friday 10th May, St Monica's held the annual Athletics Carnival at Barton Park North Parramatta. Students from Kindergarten to Year 6 participated in a range of track and field events and showcased their athletic abilities and outstanding team spirit.

The Dance Fever Company provided us with a range of equipment for the activities and assisted with making sure the day ran smoothly. Thank you to all of the staff and parents for assisting with the running of the day. Your ongoing dedication to school sport helped to ensure the day was a great success. Carnival results will be displayed in the cabinet outside the office shortly.

Regards,

***Mrs Laura Collin and Miss Catherine Shaw***

A huge thank you to Mrs Collin and Miss Shaw for their preparation of our Athletics Carnival. Your effort and hard work in organising the carnival is greatly appreciated by everyone. Thank you!!



## Hillsbus Service Changes Commencing 26th May 2019 with the opening of Sydney Metro Norwest

As the new Sydney Metro Norwest will open on 26<sup>th</sup> May, 2019, there will be some changes to Hillsbus public routes.

- Route M60 will be renumbered to 600. The services remain unchanged.
- Route M61 will be renumbered to 610X. The services remain unchanged.
- Route 604 will operate through Hills Showground Station.
- New Route 617 operates between Adelphi St, Rouse Hill, Beaumont Hills and Kellyville Station.
- Route 619 will operate through Hills Showground Station.
- Route 626 will not operate to James Henty Dr and Jenner Rd, and it will be extended to Kellyville Station via Cherrybrook Station and Castle Hill.
- Route 633 will operate via Victoria Rd and Castle Hill Rd to Cherrybrook Station and Castle Hill Station. It will no longer operate via Thompsons Corner or Coonara Ave and Highs Rd.
- Route 635 will operate via Coonara Ave to Cherrybrook Station and Anglican Retirement Village to Castle Hill. It will no longer operate via Ellerslie Dr.
- Route 714 will commence and terminate at Norwest Station.
- Route T60 will operate through Norwest Station via Barina Downs Rd and Reston Grange.

For more details about the coming changes, please visit [www.transportsw.info](http://www.transportsw.info)

There is no impact on your school's student travel advice sheet.  
Students can travel on the Metro with their existing SSTS Opal cards.

### Tell Them From Me Survey

In the coming weeks we will be inviting students, teachers and parents to provide feedback on their experience of our school using an online survey. The surveys are an important part of our whole school evaluation and planning process. The survey window will be open between **Monday 27th May—Friday 14th June (Term 2 Week 5-7).**

We would like to invite you to complete the *Tell Them From Me (TTFM)* Partners in Learning survey.

As we value the role of parents and carers within our school community we would greatly appreciate your feedback.

The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at *St Monica's Primary School, North Parramatta*.

The survey is anonymous and will take approximately 20 minutes to complete. More details on how to participate in the survey will be published shortly.





## Enjoy more family time with easy school meals!

Dear parents and students of St Monica's North Parramatta,

**Welcomeasy (.we.)** is a family owned and operated business specialising in healthy, delicious, and nut free children's meals. **.we.** are passionate about a healthy lifestyle for children and are committed to working together with you to benefit your school community. **.we.** love what we do and do it with the utmost honesty and integrity whilst adhering to our four-core philosophies: Healthy, Convenient, Affordable and Giving back.

As a result, **.we.** have conveniently designed a school meal service to help busy parents enjoy more family time EVERYDAY! Create an account online and simply order meals or meal plans before 10:59PM to be delivered to your school designated lunch and recess break!

Services will begin on Monday 20<sup>th</sup> of May 2019 and have attached a fridge-friendly menu for your convenience as well. Visit [www.welcomeasy.com.au](http://www.welcomeasy.com.au) to keep fresh on our delicious daily cooked meals, discounts, menus, promotions and more!

Should you have further questions, please do not hesitate to contact us through our website, Facebook or email [ask@welcomeasy.com.au](mailto:ask@welcomeasy.com.au).

Thank you and we look forward to serving your children our delicious meals.



The very excited Welcomeasy team 🍕

Welcomeasy Pty Ltd  
ABN: 14 619 662 832

Healthy communities  
through meals

Web: [www.welcomeasy.com.au](http://www.welcomeasy.com.au)  
E-mail: [ask@welcomeasy.com.au](mailto:ask@welcomeasy.com.au)  
Facebook: @Welcomeasy



## HOW TO ORDER

Ordering your school healthy meal is easy – simply follow our guide below.

### GO TO MENU

Select **Flexi meals, Meal Plan** or **Gluten Free Meal Plan**

For Mobile phone users – Select menu icon

### FLEXI MEAL

Select your Child's Meal(s)\*

Enter Child's details & delivery date

Create Login or Log into account then **Check out**

### MEAL PLAN

Select a 3 day or 5 day meal\* plan with or without drink options

Enter Child's details & days for meals to be delivered

Make your meal and drink choices using (+ and -) then **Check out**

### CHECK OUT

Enter Billing and Payment details

\*All our meals comes with a serving of fresh fruit. All meals and drinks are delivered directly to school during school lunch hours.  
Follow us on Facebook or subscribe to our newsletter for exciting updates and announcements!

WELCOMEASY PTY LTD  
Healthy communities through meals  
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Email: [ask@welcomeasy.com.au](mailto:ask@welcomeasy.com.au)  
Web: [www.welcomeasy.com.au](http://www.welcomeasy.com.au)  
Find us on [f](#) @Welcomeasy





**Welcomeasy (.we.)** are a family owned and operated business specialising in healthy (nut free) children's meals.

**.we.** are passionate about a healthy lifestyle for children and are committed to working together with you to benefit your school community.

**.we.** love what we do and do it with the utmost honesty and integrity whilst adhering to our four-core philosophies: Healthy, Convenient, Affordable and Giving back.

**.we.** acknowledge the important role that nutritious food plays in the growth and development of children and are therefore committed to providing students with a variety of fun & healthy menu options every day. The ingredients are carefully selected for high sources of nutrients whilst limiting saturated fat, sugar and salt intake.

#### HOW TO ORDER YOUR LUNCH

Order through our website till 10:59PM for delivery on next school day – #welcomeasylife ☺

Single meal order is available or **SAVE** up to 30% on your meals by subscribing to a 3-day or 5-day meal, drink and snack plan.

*Note: (R) denotes Regular meals and (L) are for Large.*



## Autumn Menu

**Welcomeasy**

Healthy communities through meals

www.welcomeasy.com.au

ask@welcomeasy.com.au

Find us on @Welcomeasy

### Sandwiches & Salad Meal Pack

Sandwiches (GF) ..... \$4.00 (+\$1.50)

Wraps (GF) ..... \$6.00 (+\$1.50)

Garden Salad (GF) ..... \$5.50

Includes fresh seasonal fruits!

#### Basic Sandwiches (Smooth Wholemeal or GF)

- Vegemite, Ham, Cheese or Jam

#### Wraps

(White, Wholegrain or GF)

- Ham, Cheese & Tomato
- Chicken, Lettuce & Mayo
- Tuna Mayo & Salad
- Cheese & Salad



#### Kids Garden Salad (GF)

(Lettuce, carrot, tomato and corn)

- Add: Pasta or Cheese (+\$1.00)
- Add: Chicken or Tuna (+\$1.50)

### Weekly Specials R: \$7.00 (L: +\$2)

Includes fresh seasonal fruits!



#### MON & TUES ONLY Mild Beef Nachos (GF)

Nachos with a gentle spice mix that even the fussiest of eaters will love. Serve with corn nachos and let the hungry hordes dig in!



#### THURS & FRI ONLY Chickee Bites (GF)

Fried fresh chicken marinated in our secret soy and honey sauce with crunchy coating, served with rice.

Add Sauce: Tomato (GF), BBQ or Mayo (GF) (+\$0.50)

### Seasonal Special R: \$5.00 (L: +\$2)



Includes fresh seasonal fruits!



WED ONLY

#### Pork Sausage Roll Bites

The classic freshly made from scratch with Irish pork and pastry in easy to eat bite sizes.

Add Sauce: Tomato (GF), BBQ (+\$0.50)

### Lunch Meal Box R: \$7.00 (L: +\$2)



Includes fresh seasonal fruits!



#### Baked Penne Bolognese

Penne Bolognese with vegetable mix. Topped with cheese baked till golden brown – YUM! (GF Available)



#### Chicken Fried Rice

A delicious Asian-inspired dish packed with flavour. Delicious sweet soy marinated chicken fried rice with vegetable mix. (GF Available)



#### Meatball Bolognese

Delicious meatball pasta loved by all; juicy meatballs in a rich Bolognese sauce served over penne for easy eating. (GF Available)



#### Mini Sushi Roll Pack

Healthily balanced sushi pack with teriyaki chicken, tuna mayo, avocado and cucumber rolls (2 of each kind). Perfect finger-sized meal. (GF Available)



#### Mild Butter Chicken (GF)

'Best butter chicken ever!' Dairy free, Gluten free, grain and starch free... Served on a bed of rice - Hungry yet?

### Snack Bag \$4.00



Includes in-house fruit jelly cup!

Crunchy Vege Mix (GF)

Welcomeasy Mixed Berry Yoghurt Cup (GF)

Baked Mini Pretzels ★★

\*NEW\* Roasted Fav-va Beans Snack (GF)

Crunchy Rice Bites

Fresh Muffins (Blueberry OR Cocoa Choc)

Creation\*Fresh Organic Popcorn (GF)

### Drinks (Served chilled)

Pure Spring Mini Bottled Water ..... \$1.90

Milk

Full Cream, Chocolate, Strawberry ..... \$1.90

Soy Drink

Original, Chocolate ..... \$2.50

Organic 100% Juice

Apple, Orange, Apple & B'currant, Tropical .... \$2.50

Watermelon Water ..... \$2.50

Coconut Water ..... \$2.50



Healthy communities through meals

**SAVE up to 30% with a 3-day or 5-day meal, drink & snack plan subscription**

Please check our website for allergens and dietary details of what's inside all meals.



welcomeasy.com.au

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COME ALONG AND SUPPORT

AUSTRALIA'S  
*Biggest Morning Tea*

**HOST:** ST MONICA'S PRIMARY SCHOOL

**DATE:** TUESDAY, 28TH MAY 2019

**TIME:** 7.00 AM - 11.00 AM

**WHERE:** ST MONICA'S PARISH HALL  
10 DAKING STREET, NORTH PARRAMATTA

**COST:** ENTRY BY DONATION

**DETAILS:** PLEASE CONTACT BERNADETTE HADDAD  
ON 0409 507 059 IF YOU WOULD LIKE TO  
GET INVOLVED.

THANK YOU TO OUR SPONSORS



Auspresso

## ***Term 2 Important Dates***

*Please make a note of important upcoming dates and events for this term.*

### **Week 3**

**Thursday 16 May**                      8:00am Tennis Lesson  
    NAPLAN (Years 3 and 5)  
    (NAPLAN Breakfast from 8:15—8:40am Year 3 & 5 students only)

**Friday 17 May**                      8:50am PBS4L Certificates presented at assembly  
    Dance Fever—sport uniform

### **Week 4**

**Tuesday 21 May**                      8:30am Tennis Lesson  
    Stage 3 Excursion

**Wednesday 22 May**                      Aria Music—Keyboard lessons

**Thursday 23 May**                      8:00am Tennis Lesson  
    9:00am—10:30am Pow Wow

**Friday 24 May**                      9:15 am Our Lady Help of Christians Mass—St Monica's Church  
    Dance Fever—sport uniform

### **Week 5**

**Tuesday 28 May**                      7:00am—11:00am Biggest Morning Tea—Hall  
    8:30am Tennis Lesson

**Wednesday 29 May**                      Aria Music—Keyboard lessons

**Thursday 30 May**                      8:00am Tennis Lesson  
    9:00am—10:30am Pow Wow

**Friday 31 May**                      Dance Fever—sport uniform

### **Week 6**

**Tuesday 4 June**                      8:30am Tennis Lesson  
    Responsible Pet Program

**Wednesday 5 June**                      Term 2 School Fees Due  
    Arian Music—Keyboard Lessons  
    Stage 3 Boys—Soccer Gala Day

**Friday 7 June**                      Dance Fever—sport uniform  
    Confirmation

#### **SEMINAR - DEALING WITH THE LEGAL SYSTEM**

Each year Solo Parent Services offer a Seminar for anyone interested in gaining a greater understanding of the Legal system, which can benefit those experiencing a marital breakdown. Topics addressed: How to choose the best lawyer for your situation, how best to deal with Lawyers to minimize your legal fees, how to protect your rights regarding family assets and Estates. **Date:** Tuesday 04<sup>th</sup> June. **Venue:** 13 Buller St, North Parramatta. **Time:** 6.45pm for a 7pm Start to 9pm. **Cost:** \$10 **Registration Essential via phone:** Ph. 8843 2530 **or email:** [soloparentservices@ccss.org.au](mailto:soloparentservices@ccss.org.au)

#### **STEPPING BEYOND: SUPPORT FOR THOSE SEPARATED OR DIVORCED**

Next gathering for Solo Parent Services "Stepping Beyond" Support Group will be held on Tuesday 28<sup>th</sup> May. **Venue:** 13 Buller St, North Parramatta. **Time:** 7pm – 9pm. **Cost:** \$5.00. **Registration:** Call Rita Ph. 8843 2575 or email [soloparentservices@ccss.org.au](mailto:soloparentservices@ccss.org.au)



## Tennis Lessons are held on Tuesday and Thursday mornings

Tuesday 8:30am–9:00am

Thursday 8:00am–8:30am



Please ensure your child is on time for their lesson.

Tennis lessons \$40 per student, per term. Payments directly to Mr Davidson.

If your child is interested in tennis lessons, please see Mr Davidson on the playground on Tuesday/Thursday mornings. Thank you.

## Notice of Intention to Remove a Student from St Monica's School

The Catholic Education Diocese of Parramatta Office has developed a Policy relating to the notice required from parents to terminate their children's enrolment in the schools of the Parramatta Diocese. In part this states :

**"A term's notice (10 weeks) in writing must be given to the principal before the removal of a student or a full term's fees will be paid. The notice can be given any time during the term for the next term."**

**This means that unless the school receives a term's notice no pro rata adjustment will be given for part term tuition.**

## ARIA MUSIC

Quality investment in your child's future

Would your child like to learn Guitar or Keyboard?

Please email: [ariamusicsschool@gmail.com](mailto:ariamusicsschool@gmail.com)

Phone: 0402 780 130

Qualified, friendly teachers encourage serious musical skills in a fun learning environment.

Group tuition at school **\$24:50** (incl GST) per lesson.

Private Tuition at school **\$39** (incl GST) and

Private Home Tuition **\$42** (incl GST)

Individual tuition is also available.

### Keyboard Classes!

Day: **Wednesday**

Time: 12:30pm-1:30pm

Location: The Community Room

### Music Lessons have the Power!

Develops musical talent

Develops self discipline

Encourages self esteem

Enhances co-ordination

& concentration

Is lots of fun!!

### Guitar Classes!

Day: **Thursday**

Time: 12:20pm—12:50pm

Location: The Community Room

[www.ariamusic.com.au](http://www.ariamusic.com.au)

## SCHOOL UNIFORM

Parents are required to purchase all school clothing items through **Oz Fashions**.

**Oz Fashions is located at:**

115-127 Parramatta Road, Granville

Phone: 9897 3121

**Opening Hours:**

Monday-Friday 9:00am - 5:30pm

Saturday 9:00am - 4:00pm

Parking is available on site.

<http://www.ozfashions.com.au>

## Child Protection Requirements

*All Parent Volunteers / Helpers are required to complete the following Child Protection requirements **prior** to assisting in the classroom or on excursions  
(‘Building Child Safe Communities—Undertaking for Volunteers’)*

These can be accessed by visiting the Catholic Education Diocese of Parramatta homepage <http://www.parra.catholic.edu.au> then scroll down to ‘**Volunteers and Contractors – click here**’

- **Volunteer Form**
- **Online Training Module (every two years)**

(Links are also available on the homepage of our school website [www.stmonicasparra.catholic.edu.au](http://www.stmonicasparra.catholic.edu.au))  
Please contact the school if you require any assistance.

***We thank all volunteers for their continued support.***